



## RACQUETBALL ASSOCIATION OF IRELAND

### Coaching Report 2023

**Sport Ireland Coaching Contact: Majella Haverty**

#### **Coaching Committee**

Coaching Committee met early in the year to discuss Level 1 Development. Last meeting held in January. Progress has been limited.

**Committee members:** Patrick Hanley, Frank Pastor, Mick Cunningham, Majella Haverty, Jimmy Gannon.

#### **Coaching Operational Plan 2022/2023**

The 2022/2023 Coaching plan has been submitted and approved by Sport Ireland Coaching. Goals include Level 1 Development, Coaching Clinics and delivery of Foundation Level Courses.

The 2023/2024 Coaching Plan is due 11th October and is required in order to receive Sport Ireland Grant.

#### **Foundation Courses**

One foundation course was held in Arklow, Co. Wicklow in February 2023. The course was delivered by Coach Developer Mick Cunningham. Nine new coaches were certified with foundation level coaching.

#### **Level 1 Course development**

Level 1 Course development has continued and still requires some work before being approved by Sport Ireland Coaching. Frank Pastor has agreed to lead the efforts going forward with Level 1 Development. Progress has stalled.

#### **Sport Ireland Coaching**

I have met on an individual basis with our coaching contact Vikki Guy regarding the Level 1 Course development and Coaching activities. The coaching committee has also all met with Vicki Guy on a number of occasions to progress Level 1. Last meeting held at end of 2022.

#### **Coaching Clinics**

A number of coaching clinics have been conducted. During September, Junior Officer Johnny O'Keeney delivered 6 coaching sessions to all junior clubs. Sessions were also delivered in Callan and Davidstown.

#### **Team Dovetail Coaching Sessions**

While organising/negotiating a deal with Team Dovetail (professional racquetball player team), 3 provincial tour clinic were agreed. Junior clinics, adult clinics, and exhibition matches were

conducted in each province with over 100 players in attendance throughout and many more spectators.

The Team Dovetail visit required numerous calls/zooms with owner Mike Kinkin to organize and negotiate. The overall visit to the Irish Open followed by the numerous coaching clinics was agreed to be a success and worthwhile exercise.

### **Coach Developer Course**

The next round of Coach Developer Training 2023 (CDC 40) is set to begin in September.

Racquetball Ireland has no participants. No candidates registered interest. A priority for racquetball Ireland in the new season should be to get at least one candidate on this course.

Teaching Coaches how to coach correctly is of the most importance in the Coaching Pathway.

### **Coaching Database/Course Facilitator/Coaching Contact**

Going forward a new coaching contact should be appointed to

1. Liaise with Sport Ireland Coaching
2. Submit and write the Coaching Plan.
  - a. Review as part of the Mid Year review.
  - b. Ensure goals are completed.
3. Organize and schedule Coaching Courses and liaise with Coach Developers
4. Recruit participants for Coach Developer Courses
5. Work as the administrator for Coaching course, course registrations, participants registrations, certificates, Sport Ireland Coaching Database updates.

Majella Haverty

21/08/2023